

We cordially invite you to virtual program by

## KARNATAKA CHAPTER

WORLD KIDNEY DAY PROGRAM



05<sup>th</sup> March 2023, Sunday



09:00 to 11:00 AM

Program Host : - **Dr. Aditya Shetty**

Senior Resident, Department of Nephrology, Institute of Nephro-urology, Bengaluru

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS	TIME	TOPIC	SPEAKER	CHAIRPERSONS
09:00 - 09:20 AM	WKD 2023 THEME - PREPARING FOR THE UNEXPECTED, PROTECTING THE VULNERABLE	<b>Dr Mythri Shankar</b> Assistant Professor of Nephrology, Institute of Nephro-Urology Bengaluru	<b>Dr Sundar Sankaran</b> Program director, Aster institute of renal transplantation, Bengaluru <b>Dr Renuka Sathish</b> Professor Department of Nephrology, St Johns Medical College, Bengaluru <b>Dr Padmanabhan S</b> Chief Nephrologist Sagar Hospitals, Bengaluru	10:00 - 10:20 AM	DIET FOR CKD PATIENTS	<b>Dr Kristin George</b> Consultant Nephrologist and Renal transplant physician, Aster Whitefield, Bangalore	<b>Dr Mayuri Trivedi</b> Head, Department of nephrology, Lokmanya Tilak Municipal general hospital, Mumbai <b>Dr K S Nayak</b> Chief Nephrologist and HOD, Dept. of Nephrology Virinchi Hospital, Hyderabad <b>Dr Manjunath S Shetty</b> Professor and HOD, Department of Nephrology, JSS Academy of Higher Education and Research, Mysuru
09:20 - 09:40 AM	HOW TO PREVENT CKD IN CHILDREN?	<b>Dr Sowrabha Rajanna</b> Assistant Professor of Nephrology JSS Academy of Higher Education and Research Mysuru	<b>Dr Shankar Prasad</b> Professor and HOD Department of Nephrology KMC, Manipal <b>Dr Anil Vasudevan</b> Professor and HOD Department of Pediatric Nephrology <b>Dr Sanjay Srinivas</b> Chief Nephrologist & Transplant Physician, Department of Nephrology, Sagar Hospital, Bangalore.	10:20 - 10:40 AM	EXERCISE FOR CKD PTS	<b>Dr Krithika Mohan</b> Consultant Nephrologist and Transplant Physician, Trustwell hospitals, Bangalore	<b>Mr Sumeer Kumar</b> Managing partner, Fireflies entertainment, Volunteer KWF <b>Dr Arvind Canchi</b> Senior Consultant Nephrologist and Transplant Physician, The Bangalore, Trustwell and Sagar Hospitals, Bangalore <b>Dr Indu Rao</b> Associate Professor, KMC, Manipal
09:40 - 10:00 AM	HOW TO PREVENT URINARY TRACT INFECTION?	<b>Dr Suma Raju</b> Consultant Nephrologist Narayana Multispecialty Hospital, HSR, Bengaluru	<b>Dr Sreedhara. C.G</b> HOD Department of Nephrology Institute of Nephrology, Bengaluru <b>Dr Topoti Mukherjee</b> Lead Consultant, Nephrology, Aster Whitefield, Bengaluru <b>Dr Pooja Prabhu</b> Asst. professor, Department of Nephrology MS Ramaiah medical college, Bengaluru	10:40 - 11:00 AM	QUIZ FOR NURSES/ DIALYSIS TECHNICIANS	<b>Dr Anitha &amp; Team</b> Senior Consultant Nephrologist Apollo Hospital, Bengaluru and managing trustee Adarsh Institute of Integrated Nephrology Sciences, Bengaluru	

#### Vote of Thanks:

**Dr Gouri Satheesh,**

Senior resident, Department of Nephrology, Institute of Nephrourology, Bengaluru



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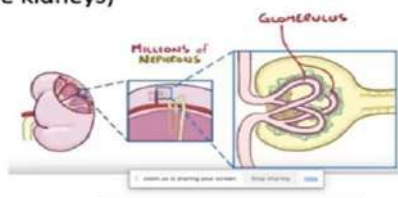
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#### Protein intake and kidneys

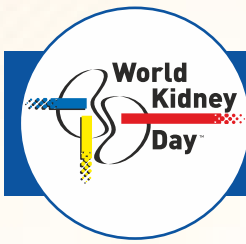
- Excess protein in diet ---> increased pressure inside the glomeruli (microscopic filters in the kidneys)



#### Community engagement

Disseminating accurate and accessible information to the public.





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## TELANGANA STATE CHAPTER WORLD KIDNEY DAY PROGRAM



05<sup>th</sup> March 2023, Sunday



11:00 to 01:00 PM

Program Host : - **Dr Kajaree Giri**

Senior Resident, Department of Nephrology, Osmania General Hospital, Hyderabad

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS	TIME	TOPIC	SPEAKER	CHAIRPERSONS
11:00 -11:10 AM	WKD 2023 Theme and Welcome address	<b>Dr Priyadarshini John</b> Consultant Nephrologist, AIG HOSPITALS, Hyderabad			<b>Panel Discussion</b>	<b>Panel members</b>	<b>Moderator</b>
11:10 -11:20 AM	Opening Remarks	<b>Dr Kiranmai Ismail</b> Professor Department of Nephrology Osmania General Hospital				<b>Dr Anuradha Raman</b> Senior Consultant Nephrologist, Sunshine Hospitals, Hyderabad	
11:20 -11:40 AM	Kidney ailments, protection of kidneys and preparedness during natural disasters	<b>Dr Bhavya Dasara</b> Consultant Nephrologist Mamta academy of medical sciences, Hyderabad	<b>Dr Manisha Sahay</b> Professor & Head, Dept. of Nephrology, Osmania General Hospital <b>Dr Shahista Hussain</b> Senior Consultant Nephrologist Care Hospitals, Hyderabad <b>Dr Kiranmai</b> Professor Department of Nephrology Osmania General Hospital	12:20 -12:50 PM	Panel discussion Empowerment of kidney disease evaluation in the state of telangana.	<b>Dr Sreebhushan Raju</b> Professor & Head ,Dept. of Nephrology, NIMS <b>Dr Gangadhar Taduri</b> Professor & Head, Dept. of Nephrology, NIMS <b>Dr Rajashekara Chakravarthy</b> Senior consultant Nephrologist Yashoda Hospitals Hyderabad <b>Dr Purva Bavikar</b> Consultant Nephrologist, Virinchi Hospitals Hyderabad	<b>Dr Priyadarshini John</b>
11:50 -12:10 PM	Screening for CKD and caring for the vulnerable	<b>Dr Deepti Ayanavalli</b> Junior Consultant ESI Superspeciality Hospitals, Hyderabad	<b>Dr Manjusha yadla</b> Professor & Head, Dept. of Nephrology, Gandhi Hospital <b>Dr Rama Enganti</b> Assistant Prof., Department of Nephrology Osmania hospital, Hyderabad <b>Dr Rana Fatima</b> Assistant Prof., Dept. of Nephrology, Pratima medical college, Karimnagar	12:50 -01:00 PM	Closing remarks	<b>Dr Anuradha Kavadi</b> Assistant Prof, Department of Nephrology Osmania hospital, Hyderabad	



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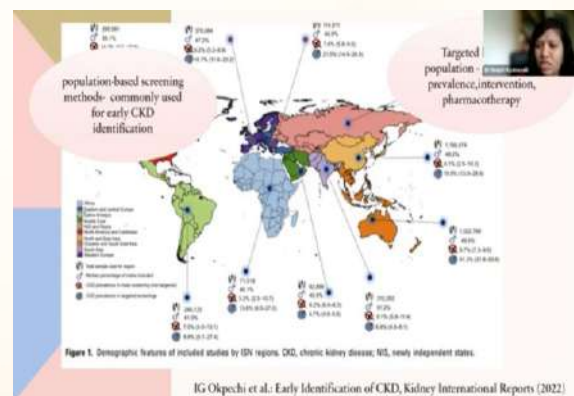
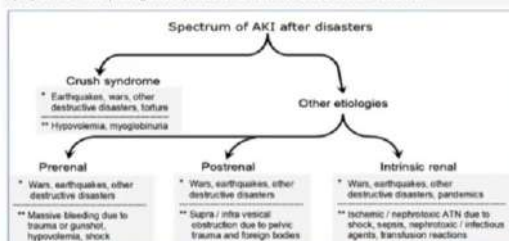
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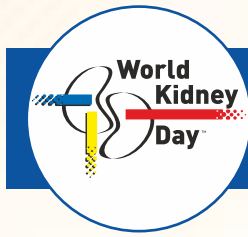


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**Figure 1.** Spectrum of AKI after disasters. Overall, crush syndrome is very common. Similar to routine daily practice, prerenal, intrarenal or postrenal AKI may develop in various disasters, with different etio-pathogenetic mechanisms. \* Most common disasters are associated with those particular pathologies. These pathologies may also be observed in several other disasters (e.g., volcanoes, mining accidents, hurricanes), albeit less frequently. \*\* Main pathogenetic mechanisms. (Several other mechanisms may also play a role in the pathogenesis). Abbreviation: ATN: acute tubular necrosis.



# WKD - WIN 2023



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## WIN TAMILNADU & PUDUCHERRY WING WORLD KIDNEY DAY CELEBRATION



05<sup>th</sup> March 2023, Sunday



01:00 to 03:00 PM

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS
01:00 -01:40 PM	<p><b>A Mime Art</b></p> <p><b>Theme :</b>Prepare for the unexpected and protect the vulnerable</p>	<p><b>Performed by</b> <b>Dr. Ranjane M and team</b> Sr. Consultant Nephrologist and Transplant Physician, Apollo Hospitals, Greams Road, Chennai WIN TN secretary</p> <p><b>Director:</b> Mr. Udayaprakash Proscenium Theatre, Chennai</p>	<p><b>Moderator:</b> <b>Dr. S.Jayalakshmi</b> Professor , Nistitute of Nephrology Madras Medical college, Chennai Scientific Chair WIN TN</p>
<b>Awareness program for non medical students at Saveetha Medical College</b>			
01:45 -03:00 PM	<b>Introduction</b>	<b>Dr. V.Tamilarasi</b> Professor & HOD , Dept of Nephrology Sri Narayani Hospital, Vellore Patron WIN TN	
	<b>WKD Theme</b>	<b>Dr. Muthu Jayaraman</b> Sr. Consultant Nephrologist, BR & Curie Hospital Patron WIN TN	<b>Moderator:</b> <b>Dr. Indumathi E</b> Professor and HOD, Dept of Nephrology, Saveetha Medical College Joint Secretary WIN TN
	<b>Interactive sessions (10 Min Each)</b>	<p><b>Dr. Prabha Senguttuvan</b> Consultant Pediatric Nephrologist Sri Sai Krishna Hospital, Chennai President WIN TN</p> <p><b>Dr. Radha Venkatramanan</b> Consultant Nephrologist, Vijaya Hospital, Chennai Treasurer WIN TN</p> <p><b>Dr. Indumathi E.</b> Professor and HOD, Dept of Nephrology, Saveetha Medical College Joint Secretary WIN TN</p>	<p><b>Chairperson:</b> <b>Dr. Muthu Jayaraman</b> Sr. Consultant Nephrologist, BR &amp; Curie Hospital Patron WIN TN</p> <p><b>Dr. V.Tamilarasi</b> Professor &amp; HOD , Dept of Nephrology Sri Narayani Hospital, Vellore Patron WIN TN</p>



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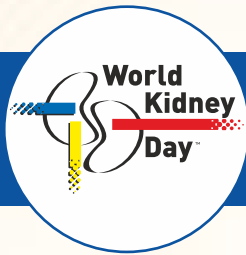
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## WIN ANDHRA PRADESH CHAPTER WORLD KIDNEY DAY CELEBRATION



05<sup>th</sup> March 2023, Sunday



05:00 to 07:00 PM

Program Host : - **Dr Keerthi MD, DM**

Sree Balaji hospital, Nandyal

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS	TIME	TOPIC	SPEAKER	CHAIRPERSONS
5:00 TO 5:20 PM	Presidential Address On Various Activities Planned On The Eve Of WKD	PRESIDENT WIN AP <b>DR. P.N JIKKI MD DM</b>		6:10 TO 6:30 PM	Kidney Diseases In Post Covid Era	<b>DR. SHIVA PARVATHI</b> Consultant Nephrologist Amara Hospital Tirupathi	<b>DR. VENU GOPAL</b> Head Of The Department Of Nephrology Care Hospital Vizag  <b>DR. UTTARADAS</b> Professor And Hod Department Of Nephrology Aims Mangalagiri
5:20 TO 5:40 PM	WKD 2023 Theme - Preparing For The Unexpected Supporting The Vulnerable	<b>DR. SINDHU CHAGANTI</b> Assistant professor Nephrology Dr. Pinnamaneni Sidhartha Institute of Medical Sciences, Vijayawada	<b>DR. A. K. CHAKRAVARTHY</b> Head Department Of Nephrology Apollo Hospital Nellore  <b>DR. MANJUSA YADLA</b> Professor And Hod Of Nephrology Gandhi Medical College Hyderabad	6:30 TO 7:00 PM	Group Discussion Follows		
5:40 TO 6:10 PM	IWD 2023 Theme - Embrace Equity	<b>DR SIREESHA</b> Associate Professor NRI Medical College, Chinakakani	<b>DR. B. S. NEHRU</b> Chief Nephrologist Waltair Kidney Center & Queens NRI Hospital, Vizag  <b>DR. HITAI SHI</b> Manasa Kidney Foundation Tirupathi	ORGANISING COMMITTEE		<b>DR. SAIVANI, DR. SAILAJA</b>	



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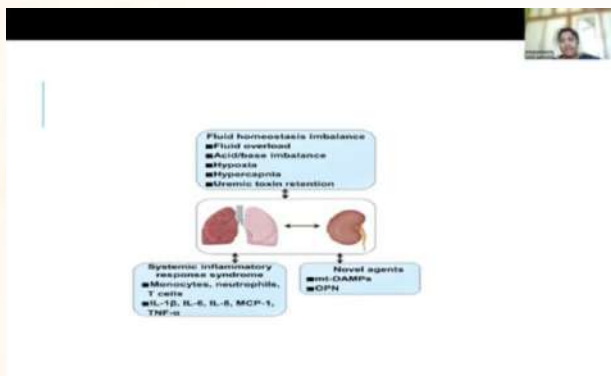


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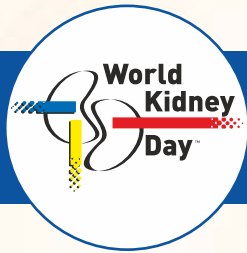
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# WKD - WIN 2023

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## WIN KERALA CHAPTER WORLD KIDNEY DAY CELEBRATION



05<sup>th</sup> March 2023, Sunday 05:30 to 08:30 PM

**Program Host : - Dr. Jyothipriya Jyothindrakumar**

Consultant Nephrologist, Muthoot Medical Centre, Pathanamthitta

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS	TIME	TOPIC	SPEAKER	CHAIRPERSONS
05:30 - 05:45 PM	Presidential Address	<b>Dr. A. Vimala</b> , Senior Consultant Nephrologist, Cosmopolitan Hospital, Trivandrum Former Prof and HOD of Govt Medical College, Trivandrum and Kottayam.		07:10 - 07:30 PM	Questions & Answers	<b>Dr. Joanne Bargman</b> MD, FRCPC Professor of Medicine and Nephrology University of Toronto	<b>Dr. Sreepa.P.G</b> Senior Consultant Nephrologist Nairs Hospital, Kollam  <b>Dr. Manju Kamal</b> Senior Consultant Nephrologist Apollo Adlux Hospital, Angamaly
05:45 - 06:00 PM	Theme of World Kidney Day Introduction	<b>Dr. Sreelatha.M.</b> , Prof and HOD Nephrology, Govt Medical College, Kozhikode		07:30 - 08:00 PM	Care of dialysis patients during a natural disaster	<b>Dr. Manjula Ramachandran</b> Senior Consultant Nephrologist Mar Steeva Medicity, Kottayam	<b>Dr. Sreeja.S.Nair</b> Consultant Nephrologist Cosmopolitan Hospital, Trivandrum  <b>Dr. Varada Aravindan</b> Assistant Professor Nephrology Govt Medical College, Thrissur
06:00 - 06:30 PM	An interesting case of AKI- Double Whammy on the kidney	<b>Dr. Deepa.K.P</b> Senior Resident in Nephrology, MCH, Alappuzha	<b>Dr. Ragi Krishnan</b> Assistant Professor Nephrology MCH, Kottayam  <b>Dr. Devi Sruthi</b> Assistant Professor Nephrology MCH, Alappuzha	08:00 PM	Vote of Thanks	<b>Dr. Manju Thampi</b> , Senior Consultant Nephrologist, NIMS Medicity, Trivandrum	<b>Dr. Sreeja.S.Nair</b> Consultant Nephrologist Cosmopolitan Hospital, Trivandrum  <b>Dr. Varada Aravindan</b> Assistant Professor Nephrology Govt Medical College, Thrissur
06:30 PM - 07:10 PM	Management of Lupus Nephritis - A personal view	<b>Dr. Joanne Bargman</b> MD, FRCPC Professor of Medicine and Nephrology University of Toronto	<b>Dr. Sreepa.P.G</b> Senior Consultant Nephrologist Nairs Hospital, Kollam  <b>Dr. Manju Kamal</b> Senior Consultant Nephrologist Apollo Adlux Hospital, Angamaly				



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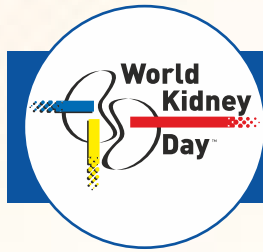
**DIAGNOSIS OF RENAL BIOPSY**

- Crescentic glomerulonephritis with mesangial IgA and linear capillary wall IgG, mild chronic tubulointerstitial nephritis and hypertensive vascular changes
- Morphology with Immunofluorescence favour **COMBINED ANTI-GBM DISEASES WITH IGA NEPHROPATHY/I GA VASCULITIS NEPHRITIS**

What it Teaches Us Nearly a Half Century Later

- it's the corticosteroid that works the fastest
- but don't be lulled into leaving them just on corticosteroids: corticosteroids alone is associated with more relapses and worse renal outcome
- use a second agent, *but you don't have to do this right away*
- patients with a lot of established renal damage don't do well, no matter what

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## WIN CENTRAL ZONE WORLD KIDNEY DAY PROGRAM



05<sup>th</sup> March 2023, Sunday 08:00 to 09:30 PM

Program Host : - **Dr Lavanya S R Bhat**

Senior Resident Nephrology, Nizam's Institute of Medical Sciences Hyderabad

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS	TIME	TOPIC	SPEAKER	CHAIRPERSONS
08:00 - 08:10 PM	WKD 2023 THEME - PREPARING FOR THE UNEXPECTED, PROTECTING THE VULNERABLE	<b>Dr. Isha Tiwari</b> Assistant Professor of Nephrology, MGM Superspecialty Hospital Indore	<b>Dr. Pradeep Salgia</b> Senior Consultant Nephrologist and Transplant Physician, Indore <b>Dr G Swarnalatha</b> Professor and HOD, Nephrology Nizam's Institute of Medical Sciences Hyderabad <b>Dr V P Pandey</b> Professor and HOD, General Medicine MGM Medical College Indore	08:50 - 09:10 PM	CARDIOVASCULAR ISSUES IN CKD POPULATION – THE HEART MATTERS	<b>Dr Ronak Bhandari</b> Senior Resident Cardiology MGM Superspecialty Hospital Indore	<b>Dr Sarita Rao</b> Chief Cardiologist, Apollo Hospital, Indore <b>Dr Manish Jain</b> Senior Consultant Nephrologist, Apollo Hospitals, Kolkata <b>Dr Aniruddh Vyas</b> Consultant Cardiologist, Vishesh Jupiter Hospital Indore
08:10 - 08:30 PM	IS HOME HEMODIALYSIS THE PANACEA?	<b>Dr. Padmini Sirkanungo</b> Assistant Professor of Nephrology SAIMS, Indore	<b>Dr Manjusha Yadla</b> Prof and HOD Dept of Nephrology, Gandhi Medical College, Hyderabad <b>Dr Soniya Gupta</b> Consultant Nephrologist Kidney Care Hospital, Udaipur <b>Dr Anand Chellappan</b> Assistant Professor Nephrology, AIIMS, Nagpur	9:10 PM to 9:30 PM	QUIZ FOR MEDICINE AND PAEDIATRICS RESIDENTS	<b>DR. MEGHA SAIGAL</b> Assistant Professor Nephrology, AiiMS Patna.	<b>Dr R K Jha</b> Professor and HOD, Department of Medicine SAIMS Medical College, Indore <b>Dr Vatsa Patel</b> Consultant Nephrologist, Metas Adventist hospital Surat, Gujarat
08:30 - 08:50 PM	INITIATING DIALYSIS IN THE PEDIATRIC POPULATION	<b>Dr. Pramila Adhikari</b> Asst Professor Paediatrics Govt MGM Medical College, Indore	<b>Dr Manisha Sahay</b> Professor and HOD Osmania General Hospital, Hyderabad <b>Dr Shilpa Saxena,</b> Pediatric Nephrologist, Apollo Hospitals Indore <b>Dr Kinnari Vala</b> Associate Professor, Pediatric Nephrology IKDRC, Ahmedabad				



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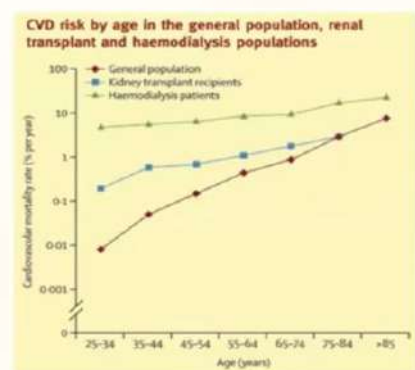
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**Take home message**

- Dialysis-initiation decision should be patient-centered.
- eGFR and clinical features both should be used to decide dialysis initiation.
- The optimum time to initiate dialysis and mode of RRT should be discussed case to case basis.



# WKD - WIN 2023

Date: 07<sup>th</sup> March 2023  
Time: 9:00 PM onwards



**WIN**  
WOMEN IN NEPHROLOGY  
INDIA

*#IWinChat*  
Join the conversation on  
*“Challenges faced by patients with  
Kidney diseases”*

World  
Kidney  
Day

7<sup>th</sup> March 9pm IST

The graphic is a purple speech bubble containing text and logos. It includes the WIN logo, a Twitter bird icon, and the World Kidney Day logo. The text is centered and uses a mix of bold and italicized fonts.

## WIN ADVOCACY



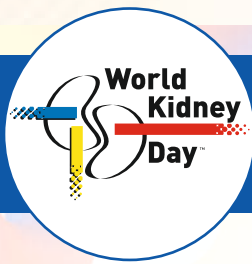
## WKD 2023 Campaign led by



**Dr Vivekanand Jha** Past President International Society of Nephrology  
**Dr Sanjeev Gulati** President Indian Society of Nephrology  
**Dr Girish Mathur** President Association of Physicians of India

# WKD - WIN 2023

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## WORLD KIDNEY DAY/ WOMEN'S DAY EVENT

An Initiative from Women in Nephrology -India



08<sup>th</sup> March 2023, Wednesday



07:00 - 09:00 PM

Program Host : - **Dr.Jyothipriya**

Opening Remarks : **Dr Manjusha Yadla**

### PROGRAM AGENDA

TIME	TOPIC	SPEAKER	CHAIRPERSONS / MODERATOR
7:00 - 7:15 PM	Kidney Health and Women	<b>Dr Priti Meena</b> Assistant Professor AIIMS Bhubaneswar	<b>Dr Manisha Sahay</b> <b>Dr Sreelatha.M</b> <b>Dr Namrata Rao</b> <b>Dr Smriti Sinha</b>
7:15 - 7.45 PM	Ethics of preparing for the unexpected	<b>Dr Valerie Luyckx</b> Deputy Chair Advocacy ISN	<b>Dr Muthu Jayaraman</b> <b>Dr Anuradha Raman</b> <b>Dr Suceena Alexander</b> <b>Dr Sonal Dalal</b>
7:45 - 8:45 PM	Panel Discussion WKD 2023 Theme	<b>Dr Dibya Singh Shah</b> Chair, SARB <b>Dr Sibel Gokcay Bek</b> Chair ISN SoMe <b>Dr Urmila Anand</b> President WIN India <b>Dr Shyam Bansal</b> Secretary ISN <b>Dr Narayan Prasad</b> Deputy Chair SARB	<b>Moderator:</b> <b>Dr Arpita Roy Chowdhury</b> Executive Member WIN India
8:45 PM		Closing Remarks <b>Dr Swarnalatha</b>	



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**Single?**

- Studies indicate that 0.25% of patients on dialysis in the United States are either unmarried or widowed.
- It is plausible that many of these patients lack a care partner and are discouraged from pursuing HD.
- However, HD without a care partner is not uncommon in other high-income countries.

**Take home message**

- Dialysis-initiation decision should be patient-centered.
- eGFR and clinical features both should be used to decide dialysis initiation.
- The optimum time to initiate dialysis and mode of RRT should be discussed case to case basis.





We cordially invites you to virtual

# QUIZ COMPETITION

 09<sup>th</sup> March 2023, Thursday  07:00 PM Onwards



**Quiz Master**

**Dr. Sonal Dalal**

**Dr Shabana Nazneen**

**Dr Shivaparvathi**