

*Highlights*

# WKD 2026 & WCN 2026

*Japan*



# WINGS

WOMEN IN NEPHROLOGY GUP SHUP

OFFICIAL NEWSLETTER OF WOMEN IN NEPHROLOGY INDIA





**WOMEN IN NEPHROLOGY  
INDIA**



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# EDITORIAL

The first quarter of 2026 has been a vibrant chapter for WIN India, as women nephrologists across the country took the lead in World Kidney Day activities. From large-scale awareness camps to patient-education sessions and early-screening drives, state WIN chapters showcased strong, community-oriented nephrology outreach, often planned and delivered by young women DM residents and faculty.

Women nephrologists also made their presence felt at the World Congress of Nephrology 2026 in Japan, presenting original work, attending training sessions, and building global connections that will enrich our national nephrology ecosystem. In this edition, residents are supported with practical, high-yield scientific content on “Detecting Early AVF Failure”, aimed at sharpening clinical skills and improving dialysis-access outcomes.

Alongside science, we highlight the human side of training through a reflective piece on the feelings of a nephrology resident beyond subject learning – the emotional fatigue, ethical dilemmas, and self-doubt, but also the deep satisfaction of long-term patient relationships, successful transplants, and hands-on procedural work. These narratives aim to reassure young doctors choosing nephrology that the journey is demanding yet deeply rewarding and to normalise conversations about well-being and mentorship.

This issue also includes an ongoing Clinical Research Training Programme webinars series, under the able mentorship of Dr. Xavier, equipping residents and young faculty with core skills in protocol design, data analysis, and publication strategy, with a strong cohort of women participants. Future WIN India newsletters will continue to spotlight state-wise activities, resident-driven projects, and international experiences, reinforcing our vision of a supportive, scientifically strong, and emotionally grounded community for women in nephrology.

## Chief Editor

### Dr Deepthi Ayanavelli

Assistant Professor,  
ESIC Superspeciality Hospital  
Hyderabad

## Editorial Team

### Dr Payal Gaggar

### Dr Pranamita Kalita

### Dr Subhashri

### Dr Chandini

### Dr Chetan

### Dr Kajaree Giri

### Dr Saritha

### Dr Geeta S Sheth



# Teaching Point

## EARLY RECOGNITION OF A FAILING ARTERIOVENOUS FISTULA

Arteriovenous fistula (AVF) remains the preferred vascular access for maintenance haemodialysis because of superior long-term patency, lower infection rates, and fewer complications compared with arteriovenous grafts or central venous catheters. The KDOQI vascular access guidelines recommend AVF as the first-line access whenever feasible.

Despite these advantages, AVFs frequently develop progressive dysfunction, most commonly due to venous stenosis, which may eventually lead to thrombosis and loss of access if not recognized early.

Early detection of a failing fistula therefore relies on systematic monitoring during dialysis sessions and surveillance using objective tests.

### **Monitoring of Vascular Access**

Routine clinical monitoring helps detect early signs of dysfunction. Residents should examine the fistula during every dialysis round.

Inspection, palpation of thrill, auscultation of bruit, arm elevation test, and dialysis machine indicators provide important bedside clues to inflow or outflow stenosis. (Figure 1). Monitoring trends over time is particularly important. (Figure 2)

**Figure 1:-Clinical examination finding based on site of stenosis**

Site of stenosis	Findings
Inflow	<ul style="list-style-type: none"> <li>• Water hammer pulse at site of stenosis</li> <li>• Weak pulse beyond area of stenosis</li> <li>• Decreased in transmission of the pulse to the fingertip at anastomosis with occlusion of outflow vein (Augmentation test)</li> </ul>
Outflow	<ul style="list-style-type: none"> <li>• Fistula does not collapse with arm elevation (Arm Elevation test)</li> <li>• Localized attenuated thrill at site of stenosis</li> <li>• Bruit may have loss of diastolic component and increase in pitch with severity of stenosis</li> <li>• Whistling sound heard only during systole with severe downstream stenosis</li> </ul>

## Monitoring of AV Fistula

### 1 Look

- Inspect the access arm for:
  - ✓ Arm swelling
  - ✓ Dilated collateral veins
  - ✓ Aneurysmal segments
  - ✓ Infection or infiltration



### 2 Feel

- Palpate the fistula:
  - ✓ **Normal:** Soft, continuous thrill constant buzzing along entire fistula



### 3 Listen

- Auscultate the fistula:
  - ✓ **Low-pitched continuous bruit** soft, wooshing sound



### 4 Arm Elevation Test

- Ask patient to elevate arm:
  - ✓ **Fistula collapses** fistula softens and empties as outflow is normal



### 5 Dialysis Indicators

Dialysis machine parameters:



### 5 Cannulation Warning Signs

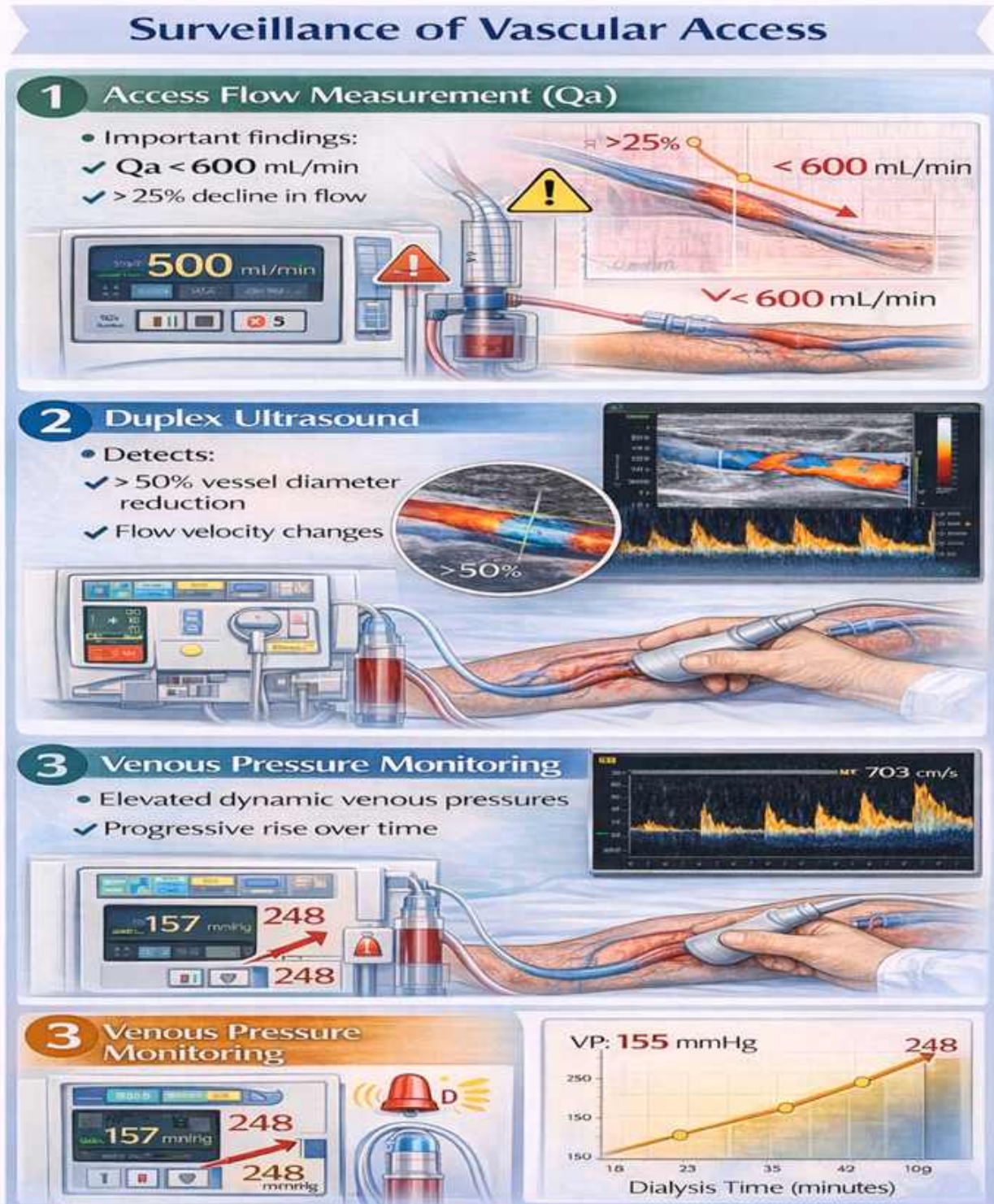
- ⚠ Repeated difficult cannulation
- ⚠ **Hematoma Formation:** swelling / bruising at needle site
- ⚠ Pressure alarms
- ⚠ Low blood flow

Tip: Perform all 5 steps during every dialysis round.

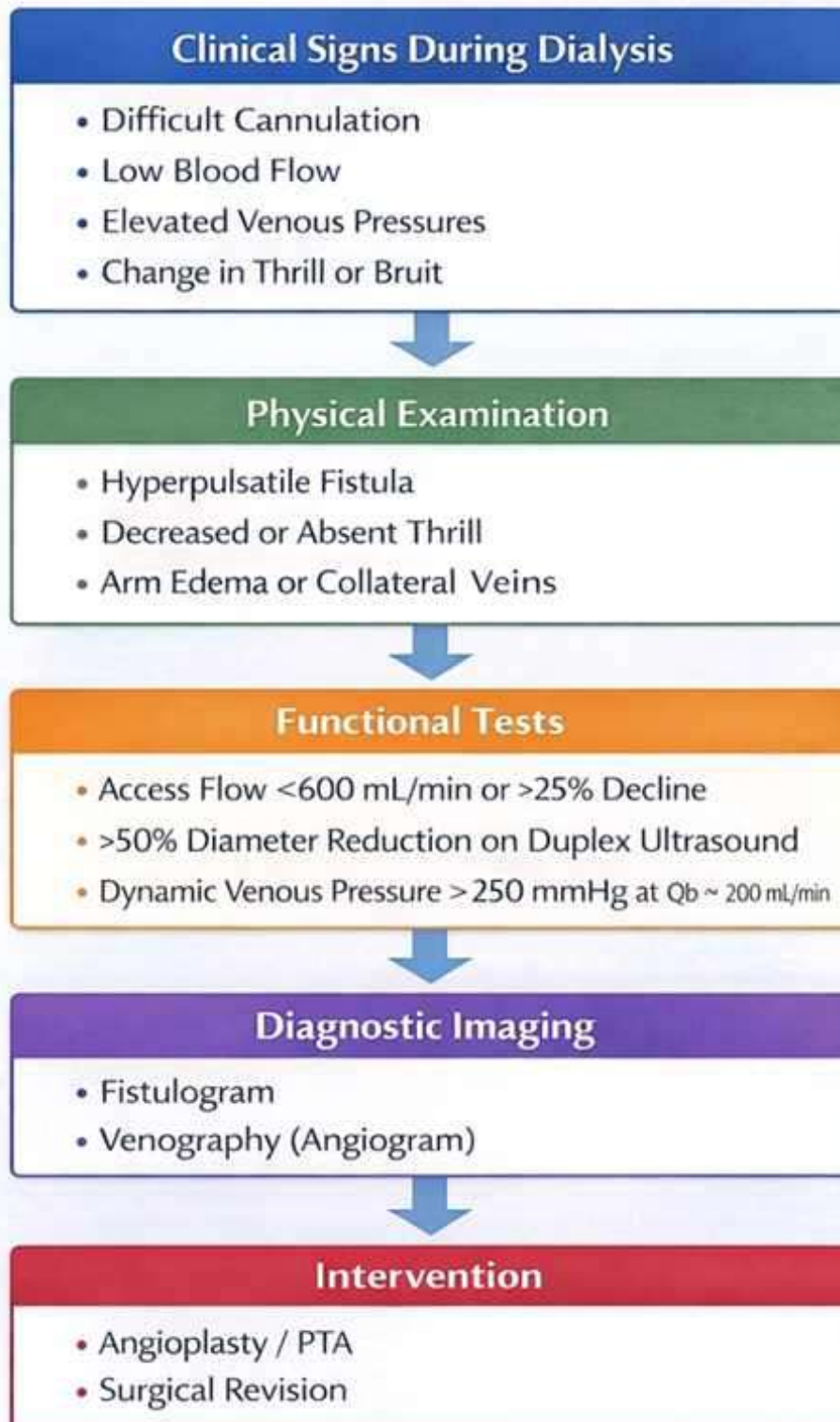
1 Look 2 Feel 3 Listen 4 Raise Arm 5 Check

## Surveillance of Vascular Access

Surveillance methods such as access flow measurement, duplex ultrasound and venous pressure monitoring allow objective detection of significant stenosis before thrombosis occurs. (Figure 3) These findings suggest clinically significant stenosis requiring further evaluation.



## Evaluation of Suspected AV Fistula Dysfunction



## Key Take-Home Points for Residents

- Examine the fistula during every dialysis round.
- Listen to dialysis nursing staff regarding cannulation difficulties.
- Monitor trends in venous pressures and access flow rates.
- Investigate early signs of dysfunction to prevent thrombosis.
- Timely endovascular intervention such as percutaneous transluminal angioplasty, preserve vascular access and ensure uninterrupted dialysis therapy

## References:-

1. Lok CE et al. KDOQI Clinical Practice Guideline for Vascular Access: 2019 Update. Am J Kidney Dis. 2020.
2. Sidawy AN et al. Recommended standards for reports dealing with arteriovenous hemodialysis accesses. J Vasc Surg. 2002.
3. Zhao B et al. Risk prediction of AVF maturation failure. Frontiers in Medicine. 2024.
4. Cristino D et al. Patency and maturation rates of AVF: systematic review. 2025.

## Dr Nayana Babu

MBBS MD DM

Nephrology, Kerala.



# Residents Column

## Echoes of a Nephrology Resident's Heart

As I approach the final stretch of my DM in Nephrology, I often find myself reflecting on the early days of residency; the days that felt endless, overwhelming, and transformative all at once. Those first few months were a blur of new responsibilities, steep learning curves, and a constant awareness that real lives now depended, in part, on my judgment and decisions

The transition from learning nephrology from books to real-time decision-making was humbling. Managing critically ill patients, handling dialysis emergencies in the middle of the night, and counselling anxious families demanded more than medical knowledge. They required emotional endurance, clarity under pressure, and the ability to remain steady when outcomes were uncertain. I quickly realized that residency is less about what you know in isolation and more about how you apply it when it truly matters. The shortcomings of my early days were not small. I hesitated before making independent decisions. I second-guessed my clinical judgments. I struggled to balance ward responsibilities with academic preparation. There were moments when exhaustion clouded confidence, and when self-doubt crept in quietly but persistently. The lack of sleep was relentless, long calls merging into early rounds, charting notes at odd hours, and learning to function despite physical fatigue. Residency tests your limits, both mental and physical, in ways no prior training does.

As a woman in a demanding specialty, I also encountered subtle layers of bias. Nothing overt, nothing that could be easily named, but enough to be felt. At times, authority had to be asserted more firmly to be acknowledged. Competence seemed to require repeated demonstration. There were instances where confidence was perceived differently, or where expectations subtly differed. Navigating this required resilience and restraint, choosing consistency over reaction, and letting knowledge and patient care define my professional identity.

In this journey, mentorship proved to be invaluable. Having a mentor who sees you for your knowledge, work ethic, and sincerity, not through the lens of gender—makes an extraordinary difference. A great mentor does not merely teach clinical skills— they cultivate confidence. They correct without belittling, guide without controlling, and create space for growth without prejudice. To be mentored by someone who values intellect over identity is empowering and I am grateful and honoured to have someone like that in my journey. I have been fortunate to train in an institution that upholds strong academic values and patient-centered care. The exposure to complex cases, structured learning, and collaborative teamwork have shaped me profoundly. The challenges were real, but so was the growth.

Looking back, I see not just the fatigue or the moments of vulnerability, but the transformation. The sleepless nights, the repeated efforts to prove myself, the quiet perseverance through bias—all of it has strengthened me. Residency has demanded much, but it has also given deeply in return.

Today, when I look back, I do not remember only the fatigue or the tears shed in quiet corridors, the discrepancies among the colleagues but I reminisce the gratitude in a patient's eyes, the teamwork during emergencies, the shared laughter in call rooms, and the immense satisfaction of knowing that the effort, however exhausting— was meaningful and mattered.





**Dr Sahithi**

MBBS MD DM  
Nephrology Resident,  
NIMS, Hyderabad

# World Kidney Day 2026 Activities by WIN India

**World Kidney Day (WKD) 2026** was marked by enthusiastic and impactful participation from the Women in Nephrology (WIN India) group across the country. Through a blend of academic, community, and creative initiatives, women nephrologists led efforts to promote kidney health awareness, early detection, and preventive care.

## **North Zone**

The North Zone chapter conducted large-scale awareness activities across cities including Lucknow, Chandigarh, and multiple locations in Punjab, Haryana, and Delhi. Events included walkathons, medical camps, and community outreach programs. A unique highlight was the “Nukkad Natak” (street play) performed by dialysis technicians, effectively conveying messages on kidney health to the public. Poster exhibitions and donor appreciation initiatives, including distribution of gifts to kidney donors, further strengthened community engagement.

## **Northeast Zone**

In the Northeast, WIN India members organized awareness drives through local media, community campaigns, and public participation events. Walkathons and educational outreach programs focused on prevention of hypertension and diabetes, emphasizing early screening and lifestyle modification.

## **West Zone**

The Maharashtra chapter led impactful academic and patient-centered initiatives. CME sessions were conducted focusing on lifestyle diseases, hypertension, and diabetes, alongside strong patient advocacy efforts. Across the western region, awareness campaigns combined clinical education with public engagement.

## **South Zone**

### **Andhra Pradesh Chapter (Vijayawada):**

At Siddhartha Medical College, a walkathon was organized to spread awareness about kidney health, engaging students, healthcare professionals, and the public.

### **Karnataka Chapter:**

The chapter implemented several innovative initiatives, including kidney screening camps for police personnel, QR code-based risk assessment tools, and creative skits depicting kidney transplantation. These activities were conducted at centers such as Ramaiah Hospital, Adarsha Hospital (Udupi), and Manipal Hospitals.

### **Kerala Chapter:**

A wide range of activities were conducted, including community outreach exhibitions, poster-making competitions, health awareness programs, and interactive talk shows, ensuring active participation from both healthcare workers and the public.

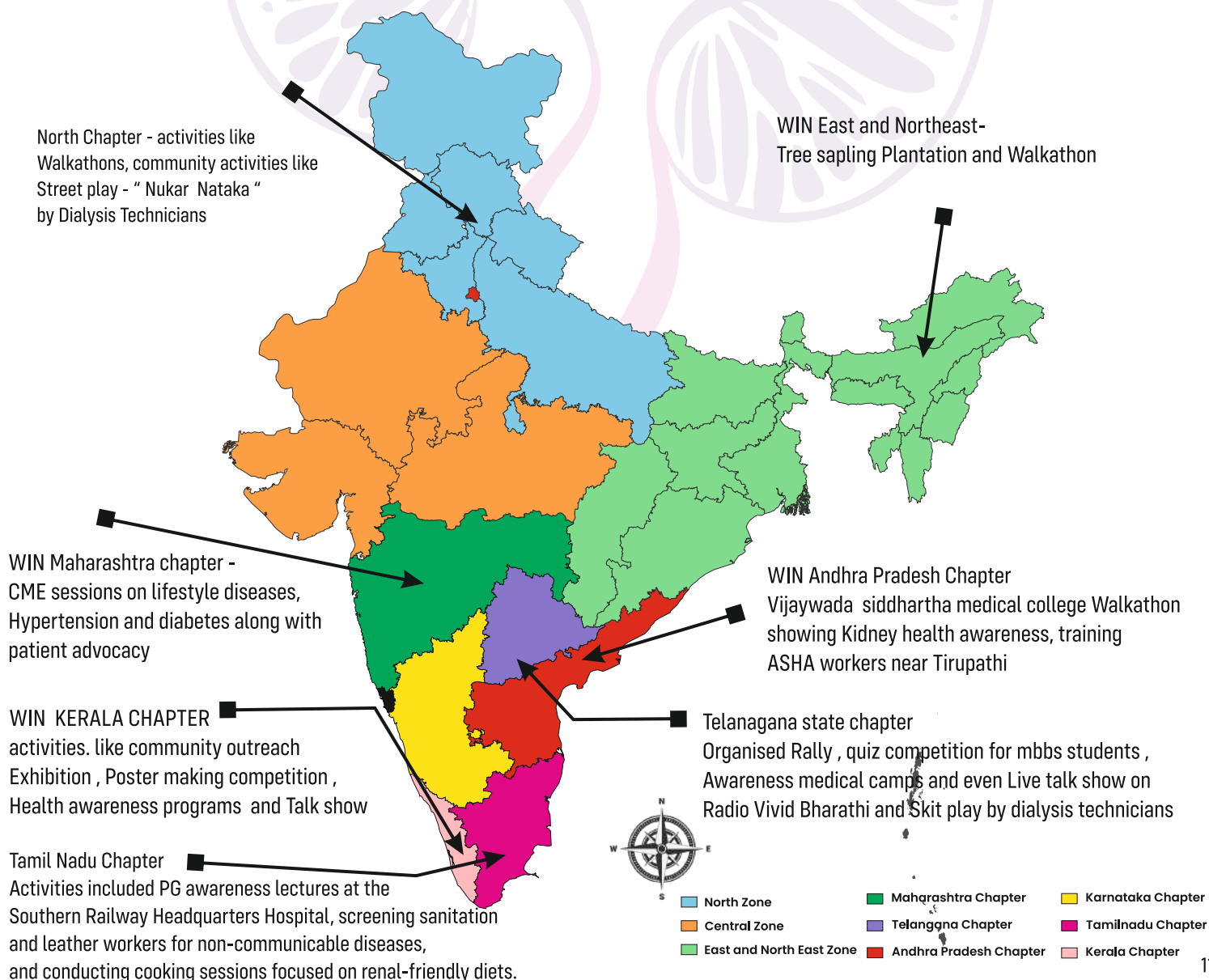
### Telangana Chapter:

The chapter organized rallies, medical camps, and quiz competitions for MBBS students. Public engagement was further enhanced through a live talk show on Radio Vivid Bharati and skit performances by dialysis technicians.

### Tamil Nadu Chapter:

Activities included postgraduate awareness lectures at Southern Railway Headquarters Hospital, screening programs for sanitation and leather workers targeting non-communicable diseases, and live cooking sessions demonstrating renal-friendly diets.

Overall, WKD 2026 showcased the strength and leadership of WIN India, with each regional chapter contributing uniquely through education, innovation, and community outreach. These efforts collectively reinforced the importance of kidney health and the vital role of women nephrologists in driving public health awareness.





## WIN KERALA CHAPTER



## Kidney Health Awareness Walkathon Held Successfully Marking World Kidney Day

DECCAN FREEDOM NEWS  
Vijayawada

A kidney health awareness walkathon was successfully organized on the occasion of World Kidney Day to spread awareness about kidney health among the public. The program was conducted under the aegis of the AP Nephrologists Society, with Vijayawada City Police Commissioner S.V. Rajesekhara Babu attending as the chief guest and formally flagging off the walkathon.

Speaking on the occasion, Commissioner Rajesekhara Babu said that kidney-related diseases are increasing due to modern lifestyles, unhealthy food habits and lack of physical activity. He advised people to take greater care of their health and suggested that individuals suffering from diabetes and high blood pressure should undergo regular health check-ups. He added that such awareness programs play a crucial role in educating society about the importance of maintaining good health. He also appreciated the service initiatives undertaken by Dr. N. Anantamma in creating awareness about organ donation and healthcare.

The walkathon began at the Executive Club Service Road and concluded at Siddhartha Medical College.



AP Nephrologists Society President Dr. N. Anantamma said that kidney problems are rising due to lifestyle changes and diseases such as diabetes and hypertension. He emphasized that regular health check-ups, balanced diet, adequate water intake and regular exercise can help maintain kidney health. He stated that the primary objective of World Kidney Day is to increase aware-

ness and stressed that protecting kidney health is everyone's responsibility and urged the youth to pay greater attention to their health. The program was attended by Dr. NTR Health University Registrar Dr. T. Sai Sudhakar, Siddhartha Medical College Principal Dr. A. Eshwaraiah Rao, Vijaya School of Nursing Chairman T. Arjuna Rao, along with doctors including Dr. Saikrishna, Dr. Radhika,

## WIN Andhra Pradesh Chapter @ Vijaywada



5Km Marathon



Tree Plantation

ESI HOSPITAL, MANIKTALA CELEBRATES WORLD KIDNEY DAY

Women in Nephrology  
World Kidney Day 2026 Activity

**Kidney Health for All**  
Caring for people,  
Protecting the Planet

6th March  
7-8PM IST

5KM MARATHON AT  
6.30 AM ON 03.03.26

PLANTATION OF SAPLINGS

SEMINAR ON KIDNEY HEALTH  
07.03.26 (Wednesday) From 8.00 AM to 02.00 PM

DR. MYANTA DATTA  
Nephrologist  
ESI Hospital, Maniktala

DR. RIVALI SARKAR  
Nephrologist  
ESI Hospital, Maniktala



Awareness On Kidney Health



Tree Plantation

**WIN Eastern and Northeastern regions West Bengal Northeastern programs Assam , Meghalaya, Arunachal Pradesh**



**WIN Maharashtra Chapter**



## WIN North Chapter



## North Zone Chapter

Live on AIR-Vividh Bharathi



# The Rally



Drawing Competition



# Telangana State Chapter

Kidney Awareness Rally



## CHRISTIAN MEDICAL COLLEGE, VELLORE

Pledge Wall & Stalls



## CHRISTIAN MEDICAL COLLEGE, VELLORE



Kidney Health Screening Program for Leatherworkers

## KIDNEY HEALTH FOR ALL Caring for People, Protecting the Planet

KD 2026 ACTIVITIES – WIN TN & PUDUCHE



## CHRISTIAN MEDICAL COLLEGE, VELLORE



## SOUTHERN RAILWAY HEADQUARTERS HOSPITAL



## JIPMER, PUDUCHERRY



## CHRISTIAN MEDICAL COLLEGE, VELLORE



## SOUTHERN RAILWAY HEADQUARTERS HOSPITAL, CHENNAI



# Tamil Nadu Chapter



# #IWinChat

Join us to discuss & share your inputs  
on the upcoming WKD theme

**Kidney Health for All:  
Caring for People,  
Protecting the Planet**

**06** March  
2026

Starting At:  
**9 pm IST**

## JOIN US IF YOU ARE A

- Kidney disease expert
- Kidney disease survivor
- Care giver
- Just care about the kidneys

 **#iwinchat**  
**@WomenNeph\_india**

# WIN Telangana - WKD 2026 Activity on Nutrition in CKD



**Date: 09th March 2026, Monday**

**Time: 5:00 - 6:00 pm**

## Who Can Attend

- Kidney healthcare workers, including dialysis technicians
- Nursing staff involved in kidney care
- Kidney care dietitians
- Caregivers of kidney patients
- Kidney patients (CKD patients)



## DIET AND HEALTH IN RENAL DISORDERS

TIME	SESSION	SPEAKER	CHAIRPERSONS
05:00-05:05pm	<b>Welcome and Introduction to session</b>	<b>Dr. Rama Enganti,</b> Assistant Professor Department of Nephrology, Osmania general hospital- Hyderabad.	
05:05-05:20pm	<b>Nutrition in Non-Dialysis CKD patients</b> – preventing malnutrition in early stage CKD	<b>Ms. Sunitha</b> HOD nutrition and dietetics – Yashoda Hospitals	<b>Dr. Manisha Sahay,</b> Professor and HOD department of Nephrology – Osmania General Hospital, Hyderabad. <b>Dr Deepthi Ayanavelli</b> Assistant Professor Department of Nephrology ESIC Superspeciality Hospital Hyderabad
05:20-05:35pm	<b>Metabolic challenges and Nutrition in CKD patients on Dialysis.</b>	<b>Ms. Radha R Chada,</b> HOD Nutrition and Dietetics, AIG hospital, Gachibowli Hyderabad	<b>Dr. Swarnalatha,</b> Professor Department of Nephrology, NIMS -Hyderabad <b>Dr. Anuradha,</b> Associate professor, department of nephrology, Osmania general Hospital. Hyderabad.
05:35-05:50pm	<b>Management of nutrition in post operative and long term care in post renal transplant patients</b>	<b>Ms. Malleswari,</b> HOD Nutrition and Dietetics Star Hospitals, Nanakramguda, Hyderabad	<b>Dr. Manjusha Yadla,</b> HOD department of nephrology Gandhi Hospital, Hyderabad. <b>Dr. Kiranmayee,</b> Professor, department of nephrology Osmania general hospital. Hyderabad.
05:50-06:00pm	<b>Interactive session:</b> Challenges and Practical problems in maintaining Diet and Health in CKD.		
	Closing remarks: <b>Dr. Ramapriya,</b> Assistant professor Nephrology-NIMS Moderators: <b>Dr. Rama Enganti, Dr. Ramapriya</b>		

Click here to join the zoom link 



MAHARASHTRA STATE CHAPTER

# Women in Nephrology (WIN)

## Lifestyle + Diseases “Demystified”

On the occasion  
of  
**World Kidney Day 2026**



11th March 2026



1:00 PM to 5:00 PM



MLT Hall, KEM, Parel

**HYBRID (Virtual + In Person) Event**

**REGISTRATION LINK**

### CHIEF GUESTS

**DR. SANTOSH KADAM**  
PAST STATE IMA PRESIDENT

**DR. SANGEETA RAWAT**  
KEM DEAN

### ORGANISING COMMITTEE

#### PRESIDENT

Dr. Shruti Tapiawala

#### PATRONS

Dr. Kumud Mehta

Dr. Rasika Sirsat

#### SECRETARY

Dr. Geeta S. Sheth

Dr. Divya Bajpai

#### SCIENTIFIC CHAIR

Dr. Kalpana S. Mehta

#### TREASURER

Dr. Jyotsna Zope

#### ISN REPRESENTATIVE

Dr. Sayali Thakare

#### EXECUTIVE TEAM

Dr. Mayuri Trivedi

Dr. Pooja Binani

Dr. Vidya Kadam

Dr. Kavita Vishwakarma

Dr. Uma Ali



# Women in Nephrology – India

## Environmental Stewardship in Nephrology: From Impact to Action



Date  
**14th March 2026**



Time  
**06:30 to 8:00 Pm IST**

### OUR SPEAKERS



**Dr Giorgina B Piccoli**

Head, Dept of Nephrology, Centre Hospitalier Le Mans in France, Associate Professor of Nephrology at the University of Angers



**Dr Shaifali Sandal**

Associate Professor of Medicine at McGill University, Transplant nephrologist at the McGill University Health Centre (MUHC)



**Dr Workagegnehu Hailu**

Consultant Internist & Nephrologist Associate Professor of Medicine University of Gondar | Ethiopia



**Dr Swarnalatha Gudithi**

Professor & Head, Department of Nephrology, Nizam's Institute of Medical Sciences (NIMS), Hyderabad, India



**Dr Divya Bajpai**

Senior Consultant Nephrologist Fortis Hospital Mulund Ex-Professor nephrology Seth G.S.M.C. and K.E.M. Hospital, Mumbai



**Dr Urmila Anandh**

Head, Department of Nephrology & Kidney Transplant Medicine Amrita Hospital, Faridabad, India



**Dr Manisha Sahay**

Professor & Head, Department of Nephrology, Osmania Medical College & Osmania General Hospital, Hyderabad, India



Date  
**14th March 2026**



Time  
**06:30 to 8:00 Pm IST**

## SCHEDULE

Time	Topic	Speakers
6:30-6:45 Pm IST	WKD theme: Kidney Health for All: Caring for People, Protecting the Planet	<b>Dr Swarnalatha Gudithi</b>
6:45-7:00 Pm IST	Environmental impact of nephrology practices	<b>Speaker</b> <b>Dr Shaifali Sandal</b> <b>Chairpersons</b> <b>Dr Arpita Roy Chaudhary</b> <b>Dr Radha Vijayraghavan</b>
7:00-8:00 Pm IST	Friendly kidney care: practical strategies for sustainability in 2026	<b>Moderator</b> <b>Dr Divya Bajpai</b> <b>Panelists -</b> <b>1. Dr Giorgina B Piccoli</b> <b>2. Dr Workagegnehu Hailu</b> <b>3. Dr Urmila Anandh</b> <b>4. Dr Manisha Sahay</b> <b>5. Dr Shaifali Sandal</b>
Concluding remarks: <b>Dr Divya Bajpai</b>		

Click here to join  
Zoom Link



# Women in Nephrology - WKD 2026 Web Activity



**Date:** 15th March 2026, Sunday

**Time:** 1:00 PM - 5:30 PM

**Mistress of Ceremony - Dr Saivani**

TIME	TOPIC	SPEAKER	MODERATOR	CHAIRPERSONS
1:00-1:05 PM	WIN India Founder President Address	Dr Urmila Anandh	Dr Saivani	
1:05 - 1:10 PM	WIN India president Address	Dr Manisha Sahay		
1:10 - 1:15 PM	WIN India Secretary Address	Dr Swarnalatha		
<b>Andhra Pradesh Chapter</b>				
1:15-1:20 PM	WIN AP President Address	Dr Hitaishi	Dr Prabha	Dr PN Jikki
1:20-1:25 PM	WIN AP WKD Activities	Dr Siva Parvathi		Dr Hitaishi
1:25-1:45 PM	Spectrum, evaluation, treatment, and prevention of recurrent stone formers	Dr Phanisree		
<b>Karnataka Chapter</b>				
1:45-1:50 PM	Address by WIN Karnataka Secretary	Dr Mythri	Dr Spoorthi	Dr Sowrabha
1:50-2:00 PM	WIN Karnataka WKD Activities	Dr Pooja		
2:00 - 2:15 PM	Protein Supplements and Kidney Health	Dr Kristin		
<b>Kerala Chapter</b>				
<b>Slowing the Silent Epidemic: Preventing CKD</b>				
2:15 - 2:25 PM	Beat Diabetes, Protech the kidney	Dr Jyothipriya	Dr Sajmi Shaji	Dr Vimala Dr Sreelatha Dr Gomathi
2:25 - 2:40PM	Don't Let Pressure Steal the Kidney	Dr Deepa KP		
	Beyond the Biggies: Overlooked Strategies in CKD Prevention	Dr Deepa KP		
2:40 - 2:45PM	WIN KERALA activities for WKD	Dr Ambily		
<b>Maharashtra Chapter</b>				

Maharashtra Chapter				
2:45–3:25 PM	Patient and Family Physician Education and Prevention of CKD	DR Sayali thakre	DR Divya vajpayee	Dr Kalpana Mehta, Dr Rasika Sirsat
	Maharashtra Activities Update	Dr Geeta Sheth		
North Chapter				
3:25 - 3:55 PM	Sharing of WKD Activities Across North Zone	Dr Medhavi Gautam, Dr Chandani, Dr Sana, Dr Sakshi, Dr Kairavi, Dr Mansi	Dr Jasmine	Dr Urmila Anandh Dr Namratha Rao
	Panel Discussion: Kidney Diseases in Women – North Indian Regional Perspectives		Dr Swaranjit kaur	
Telangana Chapter				
3:55–4:00 PM	Opening Remarks	Dr Kiranmai Ismal	Dr Payal Gaggar	Dr Manisha sahay, Dr Manjusha yadla, Dr Rama eganti
4:00 - 4:10PM	Eco Kidney Chat – Rethinking Renal Care	Dr Harika, Dr Manusha		
4:10 - 4:20PM	WIN Telangana in Action: WKD Initiatives	Dr Snigdha		
4:20 - 4:25 PM	Closing Remarks	Dr Priya John		
East & North East Chapter				
4:25 - 4:55 PM	WKD activities	Dr Gayatri Pegu	Dr Piyali Sarkar	Dr Arpitha Roy Chowdary
Tamil Nadu Chapter				
4:55–4:57 PM	Introduction	Dr Ranjane Muthu	Dr Radha Vijayaraghavan	
4:57–5:05 PM	Early Detection and Retarding Progression of Kidney Disease as an Eco-Strategy	Dr Myvizhiselvi		Dr Muthu Jaya raman Dr Anitha Jagannath
5:05–5:13 PM	Peritoneal Dialysis: A Patient-Centered and Planet-Friendly Approach	Dr Bobbity Deepthi		Dr Sukanya Govindan Dr Beena Unnikrishnan
5:13–5:21 PM	Decarbonizing Dialysis: Environmental Cost and Practical Steps	Dr Jayalakshmi Seshadri		Dr Radha Venkatramanan Dr V .Tamilarasi
5:21–5:25 PM	Conclusion and WKD 2026 Activities	Dr Radha Vijayaraghavan		
5:25–5:30 PM	Closing remarks and vote of thanks—Dr. Y. Sai Vani			

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# Women Nephrologists at WCN 2026

Celebrating Women Nephrologists at WCN 2026, JapanThe World Congress of Nephrology (WCN) 2026 in Kyoto was a proud moment of recognition and inspiration for women nephrologists worldwide. From dynamic scientific presentations to collaborative networking, women leaders in nephrology made their presence deeply felt—bringing excellence, empathy, and innovation to the forefront of global kidney care.

A highlight for the Indian nephrology fraternity was the recognition of Dr. Manisha Sahay, who received the ISN Leadership Certificate in appreciation of her outstanding contributions as Chair of the ISN CME Programme Committee (2024–2026). Her achievement stands as a testament to her unwavering dedication to education and international collaboration, inspiring many young women in nephrology to pursue leadership roles with confidence and purpose. The strong representation of women nephrologists at WCN 2026 reaffirmed the growing influence of women in shaping nephrology's future—advancing research, mentorship, and compassionate care across continents.



# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 13<sup>th</sup> January 2026 | Time: 07:00 PM - 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



**Date: 13th January 2026 | (Weekly Online Modules) (7:00PM to 8:30PM)**

**Topic : Systematic Reviews and Meta-analysis part 2 and Introduction to Biostatistics and Parametric Tests**

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean  
Head, Division of Clinical Research and Training,  
St. John's Medical College and Research Institute,  
Bangalore, India

### CHAIRPERSON



**Dr. Urmila Anandh**

Head of Department  
of Nephrology  
Amrita Hospital Faridabad

### MODERATOR



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology,  
NIMS, Founder Nodal officer Jeevandan,  
Deceased donor program, Telangana



**Dr. Mythri Shankar**

Associate Professor, Department of  
Nephrology, Institute of Nephro-Urology,  
Bengaluru, India



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

### Zoom meeting:

Meeting ID: 894 3935 1734  
Passcode: 866595



[Click here to join the zoom link](#)

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 20<sup>th</sup> January 2026 | Time: 07:00 PM - 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 20th January 2026 | (Weekly Online Modules) (7:00PM to 8:30PM)

Topic : Parametric tests part 2 and Non parametric tests

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean Head, Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore, India

### CHAIRPERSON



**Dr. Manjusha Yadla**

Prof and HOD of Nephrology, Gandhi Medical College, Hyderabad

### MODERATOR



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad

### SESSION RECAP



**Dr. Manju Thampi**



**Dr. Saivani**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology,  
NIMS, Founder Nodal officer Jeevandan,  
Deceased donor program, Telangana



**Dr. Mythri Shankar**

Associate Professor, Department of  
Nephrology, Institute of Nephro-Urology,  
Bengaluru, India



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

### Zoom meeting:

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# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 27<sup>th</sup> January 2026 | Time: 07:00 PM - 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 27th January 2026 | (Weekly Online Modules) (7:00PM to 8:30PM)

Topic : Biostatistics: Non parametric tests part 2 (Chi Squared tests, Kruskal Wallis, Mann Whitney U)

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean Head, Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore, India

### CHAIRPERSON



**Dr. Indu Ramachandra Rao**

Addl Professor, Kasturba Medical College, Manipal

### MODERATOR



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad

### SESSION RECAP



**Dr. Arun**



**Dr. Pallavi Prasad**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology,  
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**Dr. Mythri Shankar**

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Bengaluru, India



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
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Mumbai

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# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 30<sup>th</sup> January 2026 | Time: 07:00 PM - 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



**Date: 30th January 2026 | (Weekly Online Modules) (7:00PM to 8:30PM)**

**Topic : Biostatistics: Non parametric tests part 2 (Chi Squared tests, Kruskal Wallis, Mann Whitney U)**

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean Head, Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore, India

### CHAIRPERSON



**Dr. Indu Ramachandra Rao**

Addl Professor, Kasturba Medical College, Manipal

### MODERATOR



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad

### SESSION RECAP



**Dr. Arun**



**Dr. Pallavi Prasad**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

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NIMS, Founder Nodal officer Jeevandan,  
Deceased donor program, Telangana



**Dr. Mythri Shankar**

Associate Professor, Department of  
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Bengaluru, India



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

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## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 03<sup>rd</sup> February 2026 | Time: 07:00 PM – 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 3rd Feb 2026 | (Weekly Online Modules) (7-00PM to 8-30PM)

Topic : Correlation: Pearson's and Spearman's

- Regression: Linear, Multiple Linear & Multiple Logistic Regression

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean  
Head, Division of Clinical Research and Training,  
St. John's Medical College and Research Institute,  
Bangalore, India

### CHAIRPERSON



**Dr. Srikanth Bathini**

Senior Consultant Nephrologist,  
KIMS Hospitals, Gachibowli,  
Hyderabad

### MODERATOR



**Dr. Mythri Shankar**

Associate Professor, Department  
of Nephrology, Institute of  
Nephro-Urology, Bengaluru, India

### SESSION RECAP



**Dr. Kavita Viswakarma**



**Dr. Taniya Anto**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

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Deceased donor program, Telangana



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

### Zoom meeting:

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# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 10<sup>th</sup> February 2026 | Time: 07:00 PM – 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 10th Feb 2026 | (Weekly Online Modules) (7:00PM to 8:30PM)

Topic : "Survival Analysis"

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean  
Head, Division of Clinical Research and Training,  
St. John's Medical College and Research Institute,  
Bangalore, India

### CHAIRPERSON



**Dr. Manjunath Shetty**

Professor and Head, Nephrology  
Father Muller Medical College and Hospital  
Mangaluru, Karnataka  
Assistant Editor, RGUHS-AHS Journal

### MODERATOR



**Dr. Mythri Shankar**

Associate Professor, Department  
of Nephrology, Institute of  
Nephro-Urology, Bengaluru, India

### SESSION RECAP



**Dr. Nishant Deshpande**



**Dr. Siva Parvathi**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

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NIMS, Founder Nodal officer Jeevandan,  
Deceased donor program, Telangana



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

### Zoom meeting:

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## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 17<sup>th</sup> February 2026 | Time: 07:00 PM - 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 17th Feb 2026 | (Weekly Online Modules) (6:00pm to 7:30pm)

Topic : Sample Size

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean Head, Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore, India

### CHAIRPERSON



**Dr. Prof Arpita Lahiri**

Consultant Nephrologist  
Manipal Hospital, Kolkata

### MODERATOR



**Dr. Mythri Shankar**

Associate Professor, Department of Nephrology, Institute of Nephro-Urology, Bengaluru, India

### SESSION RECAP



**Dr. Rachana Shenoy**



**Dr. Ashwini Priyanka**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology, NIMS, Founder Nodal officer Jeevandan, Deceased donor program, Telangana



**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad



**Dr. Divya Bajpai**

Professor, Dept of Nephrology,  
Seth G.S.M.C. and K.E.M. Hospital,  
Mumbai

### Zoom meeting:

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# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 24<sup>th</sup> February 2026 | Time: 07:00 PM – 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 24th Feb 2026 | (Weekly Online Modules) (7:00pm to 8:30pm)

Topic : Data collection

### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean Head, Division of Clinical Research and Training, St. John's Medical College and Research Institute, Bangalore, India

### CHAIRPERSON



**Dr. Sabarinath**

MD DM PDF FASN FASN Assistant Professor, Department of Nephrology, Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry

### MODERATOR



**Dr. Mythri Shankar**

Associate Professor, Department of Nephrology, Institute of Nephro-Urology, Bengaluru, India

### SESSION RECAP



**Dr. Vijaya Sethumadhavan**



**Dr. Beena Unnikrishnan**

### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology, NIMS, Founder Nodal officer Jeevandan, Deceased donor program, Telangana



**Dr. Priyadarshini John**

Assistant Professor of Nephrology, Osmania General Hospital, Hyderabad



**Dr. Divya Bajpai**

Professor, Dept of Nephrology, Seth G.S.M.C. and K.E.M. Hospital, Mumbai

### Zoom meeting:

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# Events

## Clinical Research Training Program For Nephrology Residents & Consultants

Date: 10<sup>th</sup> March 2026 | Time: 07:00 PM – 08:30 PM IST

Women in Nephrology – India

## Clinical Research Training Program For Nephrology Residents & Consultants



Date: 3rd March 2026 | (Weekly Online Modules) (7:00pm to 8:30pm)

### Topic : Funding for Research

#### FACULTY



**Dr. Denis Xavier**

Professor and Head, Pharmacology, Ex Vice Dean  
Head, Division of Clinical Research and Training,  
St. John's Medical College and Research Institute,  
Bangalore, India

#### CHAIRPERSON



**Dr. Vivekanand Jha**

Executive Director, George Institute India  
Chair of Global Kidney Health, Faculty of Medicine,  
Imperial College London  
Conjoint Professor of Medicine, University of  
New South Wales, Sydney  
The George Institute for Global Health | INDIA

#### MODERATOR



**Dr. Divya Bajpai**

Senior consultant Nephrologist  
Fortis Hospital Mulund  
Ex - Professor Seth G.S.M.C.  
and K.E.M. Hospital, Mumbai

#### SESSION RECAP



**Dr. Yeshwanth Mohan**



**Dr. Anitha R**

#### PROGRAM DIRECTORS



**Dr. Swarnalatha**

Prof and HOD, Dept of Nephrology,  
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**Dr. Priyadarshini John**

Assistant Professor of Nephrology  
Osmania General Hospital  
Hyderabad



**Dr. Mythri Shankar**

Associate Professor, Department of  
Nephrology, Institute of Nephro-Urology,  
Bengaluru, India

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# Achievements



## Dr Manisha Sahay

received ISN Leadership certificate for her outstanding contribution.



# GALLERY



# GALLERY



WCN 2026 @ Yokohama Japan

In Patients **At Risk** of Rejection

Rx **Thymoglobuline**<sup>®</sup>

Anti-human thymocyte immunoglobulin (Rabbit) E.P.



**WHEN TRUST MATTERS...**

**First T cell-depleting therapy approved by USFDA\*<sup>1</sup>**

rATG is an **effective and well-tolerated** induction therapy in **Indian** patients undergoing renal transplantation<sup>3</sup>



Low incidence of acute graft rejection of 7.7% at 12 months<sup>3</sup>

Rejection-free graft survival rate of 92.3% at 12 months<sup>3</sup>

Low incidence of overall infection rate of 17.7%<sup>3</sup>

Abbreviations: rATG: Rabbit Anti-human thymocyte Globulin, USFDA: U.S. Food and Drug Administration

**References:** 1. Alloway RR, et al. Anti-human thymocyte immunoglobulin (Rabbit) for the prevention of acute rejection in kidney transplantation. American Journal of Transplantation. 2019 Aug; 19(8):2252-2261. 2. Gaber AO et al, Rabbit Antithymocyte Globulin (Thymoglobulin) 25 Years in Solid Organ Transplantation and Aematology. Drugs 2010; 70 (6): 691-732. 3. Adapted from Ray DS, et al. Poster Presented at 58 ERA-EDTA Congress, Fully Virtual, June 5-8, 2021, Please refer to the link for RISE abstract available on page 543 of the PDF: [https://www.era-edta.org/en/virtualcongress2021/wp-content/uploads/sites/5/2021/05/NDTJ\\_36\\_Suppl-1\\_LR.pdf](https://www.era-edta.org/en/virtualcongress2021/wp-content/uploads/sites/5/2021/05/NDTJ_36_Suppl-1_LR.pdf). \*For the prophylaxis of acute rejection in patients receiving a kidney transplant.

#### Abridged Prescribing Information

Antihuman thymocyte immunoglobulin (Rabbit) E.P.

THYMOGLOBULINE@ 5mg/ml

Powder for concentrate for a solution for infusion

**COMPOSITION:** After reconstitution with 5 ml Water for Injection (WFI) I.P., the solution contains 5 mg rabbit anti-human thymocyte immunoglobulin/ml (concentrate) corresponding to 25 mg/5 ml of rabbit antihuman thymocyte immunoglobulin per vial. **THERAPEUTIC INDICATIONS:** Immunosuppression in transplantation: prophylaxis and treatment of graft rejection: Prophylaxis of acute and chronic graft versus host disease in haematopoietic stem cell transplantation: Treatment of steroid-resistant, acute graft versus host disease; Haematology: treatment of aplastic anaemia. **DOSAGE AND ADMINISTRATION:** The posology depends on the indication, the administration regimen and the possible combination with other immunosuppressive agents. Recommendations may be used as reference. The treatment may be discontinued without gradual reduction of dose. Administer doses of corticosteroids and antihistamines are required prior to infusion of rabbit anti-human thymocyte immunoglobulin. **SAFETY-RELATED INFORMATION:** Contraindications: Acute or chronic infections, which would contraindicate any additional immunosuppression. Hypersensitivity to rabbit proteins or to any product excipients. **Pregnancy and Lactation:** Thymoglobuline should not be given unless absolutely required. Breast feeding should be discontinued. **Warnings and Precautions:** Must be used in a hospital setting. Acute Infusion Dissociated reaction (IARs) may occur following the administration of Thymoglobuline and may occur as soon as the first or second infusion during a single course of Thymoglobuline treatment. In the event of an anaphylactic shock, the infusion has to be stopped immediately and any further administration must only be carried out after the benefits and the risks have been carefully weighed up. Thrombocytopenia and/or leucopenia have been identified: white blood cell and platelet count must be monitored during and after the treatment. Infections, reactivation of infection, and sepsis have been reported after administration of Thymoglobuline in association with several immunosuppressive agents. The use of immunosuppressive agents, including Thymoglobuline may increase the incidence of malignancies. Reactions at the infusion site can occur and may include pain, swelling, and erythema. Immunization with attenuated live vaccines is not recommended for patients who have recently received Thymoglobuline. **ADVERSE REACTIONS:** Infection (including reactivation of infection). Sepsis, Lymphoproliferative disorder, Lymphomas (which may be virally mediated), Neoplasms malignant (Solid tumors), Febrile neutropenia, Disseminated intravascular coagulopathy, Coagulopathy. Cytokine release syndrome (CRS), Anaphylactic reaction, Serum Sickness (including reactions such as fever, rash, urticaria, arthralgia, and/or myalgia), Transaminases increased, Hepatocellular injury, Hepatotoxicity, Hepatic Failure, Infusion related reactions (IARS).

For full prescribing information please contact: Sanofi Healthcare India Private Limited, Sanofi House, CTS No. 117-B. L&T Business Park, Saki Vihar Road, Powal 400072.

Updated: November 2021

Source: 1) CCDS version no. 2 dated 16 July 2015. 2) UK Summary of Product characteristics dated 03 May 2015.

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